

§ 1397.60. Definitions.

This section shall be applicable to a license that expires on or after, or is reinstated or issued on or after, January 1, 2013, and becomes inoperative on December 31, 2015.

As used in this article:

(a) "Conference" means a course consisting of multiple concurrent or sequential free-standing presentations. Acceptable presentations must meet the requirements of section 1397.61(c).

(b) "Continuing education" (CE) means the variety of forms of learning experiences, including, but not limited to, lectures, conferences, seminars, workshops, grand rounds, in-service training programs, video conferencing, and independent learning technologies.

(c) "Course" or "presentation" means an approved systematic learning experience of at least one hour in length. One hour shall consist of 60 minutes of actual instruction. Courses or presentations less than one hour in duration shall not be acceptable.

(d) "Grand rounds" or "in-service training program" means a course consisting of sequential, free-standing presentations designed to meet the internal educational needs of the staff or members of an organization and is not marketed, advertised or promoted to professionals outside of the organization. Acceptable presentations must meet the requirements of section 1397.61(c).

(e) "Independent learning" means the variety of forms of organized and directed learning experiences that occur when the instructor and the student are not in direct visual or auditory contact. These include, but are not limited to, courses delivered via the Internet, CD-ROM, satellite downlink, correspondence and home study. Self-initiated, independent study programs that do not meet the requirements of section 1397.61(c) are not acceptable for continuing education. Except for qualified individuals with a disability who apply to and are approved by the Board pursuant to section 1397.62(c), independent learning can be used to meet no more than 75% (27 hours) of the continuing education required in each renewal cycle. Independent learning courses must meet the requirements of section 1397.61(c).

(f) "Provider" means an organization, institution, association, university, or other person or entity assuming full responsibility for the course offered, whose courses are accepted for credit pursuant to section 1397.61(c)(1).

Note: Authority cited: Sections 2915(g) and 2930, Business and Professions Code.
Reference: Sections 29 and 2915, Business and Professions Code.

§ 1397.60. Definitions.

This section shall be applicable to a license that expires on or after, or is reinstated or issued on or after, January 1, 2016.

Continuing Professional Development (CPD) Activity means one of twelve continuing education (CE) learning activities grouped under four different categories. The CPD activities are designed to continue over time and include formal follow up, and to decrease professional isolation in order to heighten awareness of current practice standards. The four categories and twelve learning activities, as described in section 1397XX, include: (1) Professional (Ongoing Peer Consultation, Practice Outcome Monitoring (POM), Professional Activities, Conferences/Conventions, Examination Functions); (2) Academic (Academic Courses, Academic Instruction, Supervision, Publications); (3) Recognized Continuing Education (including Independent Learning); and (4) Board Certification (100% ABPP Board Certification, or “Senior Option”).

As used in this article:

(a) “Academic Course” means completing and earning credit for a graduate-level course related to psychology from an institution whose degree meets the requirements of Section 2914 of the Code. A licensee must be able to demonstrate how coursework relates to managing the professional, scientific, business or administrative aspects of providing psychological services. CE hours shall be granted pursuant to section 1397.61(e).

(b) “Academic Instruction” means:

(1) Teaching semester-long, or equivalent, graduate or undergraduate course related to psychology in an institution whose degree meets the requirements of Section 2914 of the Code. An instructor may be granted CE hours for each course taught only once during a renewal cycle, or during any twelve (12) month period.

(c) “Board Certification” means earning certification from the American Board of Professional Psychology (ABPP).

“Senior Option’ ABPP Certification” means a specialist applicant/candidate with 15 or more years of experience following licensure.

(d) “Conference/Convention” means attending professional gatherings that consist of multiple concurrent or sequential free-standing presentations related to the practice of psychology where the licensee or petitioner interacts with colleagues and participates in the social, interpersonal, professional, and scientific activities that are part of the environment of those gatherings. Continuing Education credit can be accrued for Conference/Convention activities for which the licensee does not otherwise earn credit for CE hours for Recognized Continuing Education.

(e) “Examination Functions” means serving in any examination development related function for the Board.

(f) “Peer Consultation” means structured and organized interaction with colleague(s) designed to broaden professional knowledge and expertise and reduce professional isolation. Training pursuant to this section may be obtained through case consultation or reading or research groups with other mental health professionals.

(g) “Practice Outcome Monitoring (POM)” means the periodic application of standardized outcome assessment protocols with clients/patients, in order to monitor one’s own practice process and outcomes, with the goal of assessing the effectiveness of one’s therapeutic approach(es). Examples of POM include, but are not limited to, the Beck Depression Inventory (BDI), Beck Anxiety Inventory (BAI), the Outcome Rating Scale (ORS), and Session Rating Scale (SRS), participation in a hospital or health care system’s formal quality assurance program that focuses on monitoring patient outcomes, as deemed appropriate throughout the course of treatment. All outcome measures utilized must match the patient’s presenting concerns at the time treatment is rendered and must be sensitive to presenting cultural variables in treatment. When using non-standardized measures, a rationale must be included.

(h) “Professional Activities” means ongoing participation in, but not limited to, serving on psychological association boards or committees, editorial boards of peer reviewed journals related to psychology, scientific grant review teams or board member of a regulatory body. A licensee must demonstrate the role(s) he or she has assumed and must demonstrate how the various roles he or she holds supports continued professional development. Professional activities are intended to ensure that the public service work of the profession is supported, and to reduce professional isolation.

(i) “Provider” means an organization, institution, association, university, or other person or entity assuming full responsibility for the course offered, whose courses are accepted for credit pursuant to section 1397.61(f)(1).

(j) “Publications” means authoring peer-reviewed articles, book chapters, or editing or co-editing a book.

(k) “Recognized Continuing Education” means any activity (teaching or taking, including “independent learning”) accepted pursuant to section 1397.61(f)(1). Credit for CE hours may be granted only once during a renewal cycle, or during any twelve (12) month period.

“Independent learning” means all forms of an organized and learning recognized CE experience that occurs when the instructor and the student

are not in direct visual or auditory contact, including courses delivered via the Internet, CD-ROM, satellite downlink, correspondence and home study.

Except for qualified individuals with a disability who apply to and are approved by the Board pursuant to section 1397.62(c), independent learning can be used to meet no more than 50% (9 hours) of the recognized continuing education allowable in each renewal cycle. Independent learning courses must meet the requirements of section 1397.61(f)(1).

(l) "Supervision" means overseeing the clinical cases of a graduate student, intern(?), or other mental health professional in academic, training, and treatment settings on an ongoing basis.

Note: Authority cited: Sections 2915(g) and 2930, Business and Professions Code. Reference: Sections 29 and 2915, Business and Professions Code.

§ 1397.61. Continuing Education Requirements. [Effective January 1, 2013.]

This section shall be applicable to a license that expires on or after, or is reinstated or issued on or after, January 1, 2013, and becomes inoperative on December 31, 2015.

(a) Except as provided in section 2915(e) of the Business and Professions Code and section 1397.62 of these regulations, each licensed psychologist shall certify on the application for license renewal that he or she has completed the continuing education requirements set forth in section 2915 of the Code. A licensee who renews his or her license for the first time after the initial issuance of the license is only required to accrue continuing education for the number of months that the license was in effect, including the month the license was issued, at the rate of 1.5 hours of approved continuing education per month. Continuing education earned via independent learning pursuant to section 1397.60(e) shall be accrued at no more than 75% of the continuing education required for the first time renewal. The required hours of continuing education may not be accrued prior to the effective date of the initial issuance of the license. A licensee who falsifies or makes a material misrepresentation of fact on a renewal application or who cannot verify completion of continuing education by producing verification of attendance certificates, whenever requested to do so by the Board, is subject to disciplinary action under section 2960 of the Code.

(b) Any person renewing or reactivating his or her license shall certify under penalty of perjury to the Board of Psychology as requested on the application for license renewal, that he or she has obtained training in the subject of laws and ethics as they apply to the practice of psychology in California. The training shall include recent changes/updates on the laws and regulations related to the practice of psychology; recent changes/updates in the Ethical Principles of Psychologists and

Code of Conduct published by the American Psychological Association; accepted standards of practice; and other applications of laws and ethics as they affect the licensee's ability to practice psychology with safety to the public. Training pursuant to this section may be obtained in one or more of the following ways:

- (1) Formal coursework in laws and ethics taken from an accredited educational institution;
- (2) Approved continuing education course in laws and ethics;
- (3) Workshops in laws and ethics;
- (4) Other experience which provide direction and education in laws and ethics including, but not limited to, grand rounds or professional association presentation.

If the licensee chooses to apply a specific continuing education course on the topic of laws and ethics to meet the foregoing requirement, such a course must meet the content requirements named above, must comply with section 1397.60(c), and may be applied to the 36 hours of approved continuing education required in Business and Professions Code section 2915(a).

(c) The Board recognizes and accepts for continuing education credit courses pursuant to this section. A licensee will earn one hour continuing education credit for each hour of approved instruction.

(1) Continuing education courses shall be:

- (A) provided by American Psychological Association (APA), or its approved sponsors;
- (B) Continuing Medical Education (CME) courses specifically applicable and pertinent to the practice of psychology and that are accredited by the California Medical Association (CMA) or the Accreditation Council for Continuing Medical Education (ACCME); or
- (C) provided by the California Psychological Association, or its approved sponsors.
- (D) approved by an accrediting agency for continuing education courses taken prior to January 1, 2013, pursuant to this section as it existed prior to January 1, 2013.

(2) Topics and subject matter for all continuing education shall be pertinent to the practice of psychology. Course or learning material must have a relevance or direct application to a consumer of psychological services.

(3) No course may be taken and claimed more than once during a renewal period, nor during any twelve (12) month period, for continuing education credit.

(4) An instructor may claim the course for his/her own credit only one time that he/she teaches the acceptable course during a renewal cycle, or during any twelve (12) month period, receiving the same credit hours as the participant.

(d) Examination Functions. A licensee who serves the Board as a selected participant in any examination development related function will receive one hour of continuing education credit for each hour served. Selected Board experts will

receive one hour of continuing education credit for each hour attending Board sponsored Expert Training Seminars. A licensee who receives approved continuing education credit as set forth in this paragraph shall maintain a record of hours served for submission to the Board pursuant to section 1397.61(e).

(e) A licensee shall maintain documentation of completion of continuing education requirements for four (4) years following the renewal period, and shall submit verification of completion to the Board upon request. Documentation shall contain the minimum information for review by the Board: name of provider and evidence that provider meets the requirements of section 1397.61(c)(1); topic and subject matter; number of hours or units; and a syllabus or course description. The Board shall make the final determination as to whether the continuing education submitted for credit meets the requirements of this article.

(f) Failure to provide all of the information required by this section renders any application for renewal incomplete and not eligible for renewal.

Note: Authority cited: Sections 2915(g) and 2930, Business and Professions Code.
Reference: Sections 29, 32, 2915 and 2915.7, Business and Professions Code.

§ 1397.61. Continuing Education Requirements.

This section shall be applicable to a license that expires on or after, or is reinstated or issued on or after, January 1, 2016.

(a) Except as provided in section 2915(e) of the Business and Professions Code and section 1397.62 of these regulations, a psychologist shall certify under penalty of perjury to the Board on the application for license renewal that he or she has completed the continuing education requirements set forth in this Article and Section 2915 of the Code. A psychologist who renews his or her license for the first time after the initial issuance of the license is only required to accrue continuing education for the number of months that the license was in effect, including the month the license was issued, at the rate of 1.5 hours of approved continuing education per month. The required hours of continuing education may not be accrued prior to the effective date of the initial issuance of the license. A psychologist who falsifies or makes a material misrepresentation of fact on a renewal application or who cannot verify the hours in which he or she engaged in the CPD activities by producing documentation as required by this Article whenever requested to do so by the Board, is subject to citation or to disciplinary action under section 2960 of the Code.

(b) A psychologist renewing or reactivating his or her license shall certify on the application for license renewal or reactivation that he or she has obtained training in the subject of laws and ethics as they apply to the practice of psychology in California. The training shall include recent changes or updates on the laws and

regulations related to the practice of psychology; recent changes or updates in the Ethical Principles of Psychologists and Code of Conduct published by the American Psychological Association; accepted standards of practice; and other applications of laws and ethics as they affect the licensee's ability to practice psychology safely.

If the licensee chooses to apply a specific continuing education activity on the topic of laws and ethics to meet the foregoing requirement, such an activity must meet the content requirements named above, must comply with Subsection (e), and may be applied to the hours of continuing education required for renewal or reactivation.

(c) A psychologist renewing or reactivating his or her license shall certify on the application for license renewal or reactivation that he or she has obtained continuing education in the subject of cultural diversity and social justice issues as they apply to the practice of psychology in California. Cultural diversity pertains to differences in age, race, culture, ethnicity, nationality, immigration status, gender, sexual orientation, socioeconomic status, religion/spirituality, and ability status. Social Justice pertains to the historical, social and political inequities in the treatment of people from non-dominant groups, while addressing the various injustices and different types of oppression that contribute to individual, family and community mental health concerns.

(d) Topics and subject matter for all continuing education shall be pertinent to the practice of psychology. Course or learning material must have a relevance or direct application to a consumer of psychological services.

(e) The Board recognizes and accepts for continuing education credit hours that meet the description of the activities below. With the exception of 100% ABPP Board certification, a licensee shall accrue hours from at least two (2) of the four (4) CPD activity categories: Professional; Academic; Recognized Continuing Education; and Board Certification. A licensee shall receive no more credit than the maximum number of hours allowed per renewal period specified for each activity listed below.

Continuing Education/Continuing Professional Development Matrix

| CE/CPD Activity | Maximum # of Hours Allowed each Renewal Period | Value of Credits by Activity |
|---|---|--|
| A. Professional Activity | | |
| <p>1. Peer Consultation (including but not limited to case consultation, reading or research groups) Licensee shall maintain a record of hours served for submission to the Board</p> | <p>1 hour minimum, if used 18 hours maximum</p> | <p>1 hour of activity = 1 CE hour</p> |
| <p>2. Practice Outcome Monitoring (assessing patient/client outcomes via protocol, including the use of repeated standardized outcome assessment protocols in order to assess patient/client outcomes) Licensee shall maintain a record of hours served for submission to the Board</p> | <p>9 hours</p> | <p>1 patient/client of practice outcome monitoring = 1 CE hour</p> |
| <p>3. Professional Activities (including but not limited to serving on psychological association boards or committees, editorial boards of peer reviewed journals related to psychology, scientific grant review teams or board member of regulatory body) Licensee shall maintain a record of hours served for submission to the Board</p> | <p>9 hours</p> | <p>1 year = 9 CE hours</p> |
| <p>4. Conferences/Conventions (attendance at professional gatherings itself, as distinct from credit for sponsored CE course while attending the conference) Licensee shall maintain a record of hours served for submission to the Board</p> | <p>4 hours</p> | <p>1 conference day, attendance at = 1 CE hour</p> |
| <p>5. Examination Functions (examination development and related attendance at Board-sponsored Examination Training Seminars) Licensee shall maintain a record of hours served for submission to the Board.</p> | <p>12 hours</p> | <p>1 seminar day participation = 6 CE hours</p> |

| B. Academic | | |
|--|---|---|
| 6. Academic Courses (completing and earning credit for a graduate-level course related to psychology from an institution <u>that meets the requirements of Section 2914 of the Code</u>) | 18 hours (each course counts only once for each renewal period) | 1 sem. unit course = 6 CE hrs 2 sem. unit course = 12 CE hrs 3 sem. unit course = 18 CE hrs 1 qu. unit course = 4.5 CE hrs 2 qu. unit course = 9 CE hrs 3 qu. unit course = 13.5 CE hrs 4 qu. unit course = 18 CE hrs |
| 7. Academic Instruction (Includes: (1) Teaching a semester-long or equivalent, graduate or undergraduate course related to psychology at an institution that meets the requirements of Section 2914 of the Code; or (2) Presenting a recognized CE course that relates to the practice of psychology) | 18 hours (each course counts only once for each renewal period of in any 12-month period) | 1 course (semester or equivalent in the quarter hour system) = 18 CE hours 1 full day workshop = 8 CE hours ½ day workshop = 4 CE hours |
| 8. Supervision (overseeing the clinical cases of a graduate student or other mental health professional in academic, training, and treatment settings on an ongoing basis.) Licensee shall maintain a record of hours served for submission to the Board | 1 hour minimum, if used 18 hours maximum | 1 hour = 1 credit |
| 9. Publications (peer-reviewed articles, book chapters or editor or coeditor of peer reviewed journal) | 9 hours | 1 publication = 9 CE hours |
| C. Recognized Continuing Education | | |
| 10. Recognized Continuing Education (pursuant to § 1397.61(f)(1)) - teaching or taking | 18 hours (each course counts only once for each renewal period of in any 12-month period) | 1 hour = 1 CE hour |
| D. Board Certification | | |
| 11. ABPP Board Certification (can count for 100% of required CE in the year that certification is awarded) | 36 hours | Certification awarded = 36 CE hours |
| 12. "Senior Option" ABPP Board Certification (can count for 50% of required CE in the year that certification is awarded) | 18 hours | Certification awarded = 18 CE hours |

(f) Recognized continuing education courses pursuant to this section will earn one hour of continuing education credit for each hour of approved instruction.

(1) These continuing education courses shall be:

(A) provided by American Psychological Association (APA), or its approved sponsors;

(B) Continuing Medical Education (CME) courses specifically applicable and pertinent to the practice of psychology and that are accredited by the California Medical Association (CMA) or the Accreditation Council for Continuing Medical Education (ACCME); or

(C) provided by the California Psychological Association, or its approved sponsors.

(D) approved by an accrediting agency for continuing education courses taken prior to January 1, 2013, pursuant to this section as it existed prior to January 1, 2013.

(2) No sponsored continuing education course may be taken and claimed more than once during a renewal period, nor during any twelve (12) month period, for continuing education credit.

(g) A licensee shall document completion of CPD on CPD Verification Logs (Form CE log, rev. 10-2013). Documentation shall contain sufficient information for review by the Board: activity description, name of provider (if any) and evidence that provider meets the requirements of section 1397.61(c)(1); topic and subject matter; number of hours or units; and a syllabus or course description (if any). The Board shall make the final determination as to whether the continuing education submitted for credit meets the requirements of this article. A licensee shall maintain documentation of completion of continuing education requirements for a minimum of four (4) years following the renewal period, and shall submit verification of completion to the Board upon request.

(h) Failure to provide all of the information required by this section renders any application for renewal incomplete and not eligible for renewal.

Note: Authority cited: Sections 2915(g) and 2930, Business and Professions Code.
Reference: Sections 29, 32, 2915 and 2915.7, Business and Professions Code.