

Agenda Item 13(d):

Outreach & Consumer
Education Committee

Newsletter

Hand carry; to be given out
at the meeting

Department of Consumer Affairs
Board of Psychology

February 20-21, 2014 Board Meeting
Sacramento, CA

Hand-Carry
Agenda Item

Agenda Item 13(d) – Newsletter

Board of Psychology Draft Newsletter

Note from the Board President

Greetings and happy new year to you! In this issue, the Board of Psychology will provide you with updates regarding new board members, staff, and a new Strategic Plan. We look forward to providing you up-to-date information about our services and the changing profession of psychology.

Meet the Board

On August 6, 2010, Governor Arnold Schwarzenegger appointed **Michael R. Erickson, Ph.D.**, to the California Board of Psychology. Since 1980, Dr. Erickson has been in private practice focusing on clinical and forensic psychology and a Qualified Medical Evaluator for the California Division of Workers' Compensation Medical Unit. Prior to private practice, Dr. Erickson was a Clinical Instructor for the University of California Davis, School of Medicine, and a Director of Consultation and Training at Eskaton-American River Mental Health Center. Dr. Erickson is a Member of the American Psychological Association, California Psychological Association, and National Register of Health Service Providers. He earned a Bachelor of Arts Degree in Psychology and his Ph.D. in Clinical Psychology from the University of Oregon. Dr. Erickson also began his career as a Peace Corp Volunteer in Colombia.

On June 1, 2011, Speaker John Perez appointed **Lucille Acquaye-Baddoo** to the California Board of Psychology. Ms. Acquaye-Baddoo is currently an Adjunct Instructor of Political Science at Los Angeles Harbor College. Previously, she worked for Los Angeles Job Corp. Ms. Acquaye-Baddoo also acted as Consultant and Program Director for Children's Institute, Inc. and the Federation of Preschools and Community Education Centers, Inc. for 11 years. She earned a Bachelor of Arts Degree in Sociology/Behavioral Science, and Master of Public Administration from California State University, Dominguez Hills.

On January 9, 2013, Senate Pro Tem Darrel Steinberg appointed **Linda L. Starr** to the California Board of Psychology. Ms. Starr retired as Director of the Accounting Department, from the California State Senate after 30 years of service. Ms. Starr also served for nine years as Board Member appointed by Senator John Burton to the Veterinary Medical Board. She currently serves on the Sacramento SPCA Board of Directors and the California State Senate Alumni Association.

On August 10, 2012, **Johanna Arias-Bhatia**, of Los Angeles, was appointed by Governor Edmund G. Brown, Jr. to the California Board of Psychology. Ms. Arias-Bhatia

has served as Fair Hearings and Government Affairs Manager at the South Central Los Angeles Regional Center since 2004 and was a Health Consumer Advocate at Neighborhood Legal Services of Los Angeles County from 1999 to 2003. She earned a Juris Doctorate degree from Loyola University New Orleans College of Law.

On August 10, 2012, **Andrew Harlem, Ph.D.**, of San Rafael, was appointed by Governor Edmund G. Brown, Jr. to the California Board of Psychology. Dr. Harlem has been a Clinical Psychologist in private practice since 2004 and has served on the editorial board of Psychoanalytic Dialogues since 2011. He has been an Associate Professor at the California Institute of Integral Studies since 2006, where he served as Director of Clinical Training from 2006 to 2010. Dr. Harlem was a United States Peace Corps volunteer from 1992 to 1994. He earned a Doctorate Degree in Human Development from the University of Chicago and completed a Postdoctoral Fellowship at Harvard Medical School/Cambridge Health Alliance. Dr. Harlem served as President of the Northern California Society for Psychoanalytic Psychology Board of Directors from 2009 to 2011.

On August 10, 2012, **Nicole J. Jones**, of Los Angeles, was appointed by Governor Edmund G. Brown, Jr. to the California Board of Psychology. Ms. Jones has been the Director of External Affairs at Crystal Stairs Inc. since 2011. She was the Associate Director of Corporate and Foundation Relations at Loyola Marymount University from 2008 to 2011, a Senior Program Director at Southern California Grantmakers from 2007 to 2008, and Program Director at The California Wellness Foundation from 2002 to 2007. Ms. Jones served as Program Officer and Program Associate at the California Community Foundation from 1998 to 2001. She was a Fellow and Special Assistant for the National Urban Fellows from 1997 to 1998 and was a Fellow with the Coro Fellows Program from 1996 to 1997. She served as a Field Representative for California State Assemblyman Kevin Murray from 1994 to 1996 and as Watts Field Deputy for Los Angeles City Councilmember Rudy Svorinich Jr. from 1993 to 1994.

On September 25, 2013, **Stephen Phillips, Psy.D.**, of Los Angeles, was appointed by Governor Edmund G. Brown Jr. to the California Board of Psychology. Dr. Phillips has been a Clinical Psychologist in private practice since 2002, an Adjunct Faculty and Clinical Supervisor at the Wright Institute Los Angeles since 2001 and an Adjunct Instructor at the California School of Professional Psychology at Alliant International University since 1999. He was a Psychological Assistant for Elaine Schulman, Ph.D. from 2000 to 2002, an Attorney in private practice from 1995 to 2004 and served in multiple positions at Shapiro Posell Rosenfeld and Close from 1985 to 1994, including Managing Partner, Litigation Department Chairperson, and Associate. Dr. Phillips earned a Juris Doctor degree from the University of Chicago Law School and a Doctor

of Psychology degree in Clinical Psychology from the Alliant International University California School of Professional Psychology.

On December 17, 2012, **Miguel Gallardo, Psy.D.**, of Aliso Viejo, was appointed by Governor Edmund G. Brown, Jr. to the California Board of Psychology, where he has served since 2010. Dr. Gallardo has been Director of Research and Training at the Orange County Multi-Ethnic Collaborative of Community Agencies since 2009, an Independent Practitioner at the Neurobehavioral Clinic and Counseling Center since 2007 and Associate Professor of Psychology at Pepperdine University since 2008, after serving as Assistant Professor from 2005 to 2008. He was a Counseling Psychologist and Lecturer at the University of California, Irvine from 2001 to 2006. Dr. Gallardo was a Counseling Center Intern for the University of California, Los Angeles from 2000 to 2001, and Director of the Sexual Offenders Program at Santa Anita Family Service from 1998 to 2001. Dr. Gallardo earned a doctorate degree in Clinical Psychology from the California School of Professional Psychology.

On October 21, 2013, **Jacqueline Horn, Ph.D.**, of Sacramento, was appointed by Governor Edmund G. Brown, Jr. to the California Board of Psychology. Dr. Horn has been a Clinical Psychologist in private practice since 1983 and a Lecturer at the University of California Davis, Department of Psychology since 1981. She was Director of Psychological Services at Heritage Oaks Hospital from 1985 to 1995, a Psychologist at Eskaton from 1982 to 1985 and Staff Psychologist at Napa State Hospital from 1981 to 1982. Dr. Horn earned a Master of Science degree in Clinical Psychology and a Doctor of Philosophy degree in Clinical Psychology from Vanderbilt University, Peabody College of Education, and Human Development.

On November 25, 2013, **Antonette Sorrick** was hired as Executive Officer of the Board of Psychology. Since March 2008, Ms. Sorrick served as the Executive Officer for the State Board of Guide Dogs for the Blind. From 2005 to 2008, Ms. Sorrick served as Deputy Director for Board Relations for the Department of Consumer Affairs and from 2004 to 2005, as the Department's Assistant Deputy Director for the Consumer and Community Relations Division. Before her appointments to the Department of Consumer Affairs, Ms. Sorrick served as a Policy and Research Manager for the California Building Industry Association.

Strategic Planning and Its Importance to you
Michael Erickson, Ph.D., President, Board of Psychology

“Strategic Planning is a process by which we can envision the future and develop the necessary procedures and operations to influence and achieve that future” (DCA SOLID Planning Solutions). If you are a licensee/registrant, applicant, consumer, law

enforcement agency, educational institution, policy-maker, or interested party, you have a vested interest in the activities of the Board of Psychology. We will be conducting the Board's Strategic Planning session in March, 2014. Before March, the Board will be eliciting feedback from stakeholders via survey to focus our goals and priorities for the next five years.

Using a broad range of collaborative techniques, we are optimistic about addressing future challenges and developing a realistic strategic plan that continues to emphasize consumer protection and that also encourages excellence in psychological services from our licensees. We remain, as always, committed to consumer protection and providing excellent customer service to current and future licensees/registrants.

What to Expect from your California Licensed Psychologist
Jacqueline Horn, Ph.D., Member, Board of Psychology

The task of choosing someone for therapy or to help an organization function more effectively can be a daunting task. Most people don't know the difference between a psychologist, psychiatrist, marriage and family therapist, or social worker. Even though there are many similarities between these different specialties, there are also significant differences. Psychologists hold doctoral degrees and are trained to work with children, adults, individuals, couples, families and organizations, depending on the particular training program attended. They work in a variety of settings – private therapy offices, hospitals and medical schools, military settings, businesses, prisons, schools, etc. They deal with many issues such as depression, anxiety, post-traumatic stress disorder, and learning difficulties.

Below are some guidelines that the Board of Psychology hopes will help in choosing a psychologist and some information about what can be expected when one engages the services of a psychologist:

- Verify on the Board of Psychology's Web site that the psychologist's license is current. Clarify with the psychologist that s/he is *trained* to help with the issues to be addressed and has *experience* to do so.
- The psychologist should fully inform all clients about billing arrangements, how s/he may be contacted when needed other than at scheduled appointment times, what procedures are in effect when the psychologist is unavailable, and the limits of confidentiality. This information is usually exchanged in the form of a written Informed Consent or contract.
- Expect that the psychologist will have only one role with any person in therapy – that of a professional in the therapist-client relationship. There should be no social, sexual, familial, or other relationship with the psychologist, nor should the psychologist attempt that.
- Individuals have the right to refuse a particular type of treatment or intervention; to request (or refuse) electronic recordings of any meetings with the psychologist;

and to obtain a second opinion at any time about any intervention proposed or occurring.

- Individuals should feel comfortable working with their psychologist, and should be able to address any concerns or issues without fear of reprisal. This kind of respectful relationship between the psychologist and client usually has the potential for a positive outcome to the work undertaken.

The Board of Psychology hopes the above information is helpful when deciding to engage the services of a psychologist.

Communicating to Your Audience
Johanna Arias-Bahtia

The Board of Psychology has historically striven for excellence in Psychology for Californians. As such, the information sharing for licensees/registrants, applicants, consumers and interested parties should be accessible. To respond to this challenge, the Board will be overhauling the current Web site and extending its forms of communication to social media. In an age where laws and regulations are constantly changing, stakeholders of the Board should know where to look for the information they desire.

Changes to the Web site

- links will be more intuitive
- instructions to forms will be reviewed for plain language style
- links to statutes and regulations will be embedded in documents with citations
- new URL – from <http://www.psychboard.ca.gov/> to <http://www.psychology.ca.gov/>
- instructional videos for applicants and renewing licensees/registrants

Social Media

- Like us on Facebook <https://www.facebook.com/BoardofPsychology> - CA Board of Psychology
- Follow us on Twitter <https://twitter.com/> @BDofPsychology
- Join our E-mail List at <https://www.dca.ca.gov/webapps/psychboard/subscribe.php>

If you have a suggestion for changes to the Board's Web site, or have an idea to make our communications more clear for you, please let us know by e-mailing us at bopmail@dca.ca.gov

Before you submit your Supervision Agreement Form, Plan Ahead
Lani Snyder

The purpose of the supervision agreement form is to ensure that the supervisor and supervisee have a mutual understanding and agreement about the scope and goals for the supervision experience before the start of the training, as well as to ensure that both parties understand the Board's supervision requirements before training begins. Below are some suggestions to consider when preparing and submitting a supervision agreement to ensure the full accrual of supervised hours:

- Print and consider using the supervision agreement form from the Board's Web site prior to the beginning of training
- Set an appointment with your supervisor to review and discuss the supervision requirements
- Sign and date the form once review of the plan is completed
- Applicants should retain a copy of the signed supervision agreement plan for their records
- Supervisors must submit the original supervision agreement form together with the verification of experience form directly to the Board at the end of the training

For Psychological Assistants, the process is slightly different. The form must also be completed prior to commencement of training but we recommend the submission of the plan together with your application for registration to the Board because of the requirement for prior approval of the plan by the Board. The supervision agreement form must be accompanied with a supervision plan. For samples of a supervision plan please visit us on the web at <http://www.psychology.ca.gov/>.