

# **SAMPLE PLAN FOR SUPERVISED** **PROFESSIONAL EXPERIENCE: To be** **Attached to Section II of the Supervision** **Agreement**

Please note that the following is a sample of an actual plan that has been previously approved by the Board. This sample is provided to give supervisors and trainees guidance in assembling their own plan. Please use this sample as guidance only.

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Plan for Meeting the Requirements of  
Sections 1387(b) (10) and 1387(b) (11) of the CA Code of Regulations

## **Duties to Be Performed:**

The trainee's responsibilities will be appropriate to his or her level of training, expertise and interest, and will include: individual therapy with adolescents and adults, play therapy with children, couples and family therapy, and group therapy based on the supervisor's core expertise and level of experience, and the trainee's interest. The trainee will also perform psychological assessment with appropriate candidates. The trainee will be required to administer cognitive, academic, personality and emotional measures, score and interpret data (with the help of the supervisor), write a psychological report which includes recommendations and referrals for further treatment (which will be reviewed extensively by the supervisor), and administer feedback to the clients as appropriate.

## **Goals and Objectives and Socialization into the Profession:**

Both the trainee and I have compiled the goals and objective for purposes of gaining supervised professional experience. We have thoroughly discussed all expectations and have identified the desired outcomes of this experience.

The trainee will have the opportunity to participate in a weekly didactic seminar and group supervision, in addition to having an individual supervisor one-on-one. Whenever there are questions or concerns, the primary supervisor is available to confer and consult on the issue. The trainee will build upon his/her existing knowledge through reading materials selected by the supervisor and through discussions relating specific cases to the concepts presented.

The trainee will attend periodic trainings and professional conferences as they relate to specific cases and areas of specific interest for him or her. The trainee will also be encouraged to share

professional articles of interest and be encouraged to contribute to the literature when opportunities are present.

There will also be ongoing discussions about professional development allowing the trainee to learn about the set-up, maintenance, and administration of a private practice or about working for non-profit or private mental health clinics and agencies.

**Supervision:**

Supervision includes one hour of mandatory weekly face-to-face supervision with me, the primary supervisor as well as further contact as needed via email, phone and in-person meeting. The trainee will participate in an additional hour of training each week with me, which will include topics such as training on particular tests, and discussion on weekly assigned readings meant to broaden the supervisee's knowledge in a particular field. The trainee will be provided supervision for 10% of the total time worked each week.

The supervisor and the trainee certify that we have discussed and understand each term of SPE as required by the California Code of Regulations.