## State of California Office of Administrative Law

In re: Board of Psychology

**Regulatory Action:** 

Title 16, California Code of Regulations

Adopt sections: 1396.8 Amend sections: Repeal sections: NOTICE OF APPROVAL OF REGULATORY ACTION

**Government Code Section 11349.3** 

OAL Matter Number: 2021-0601-05

OAL Matter Type: Regular (S)

In this regular rulemaking action, the Board of Psychology adopts one section establishing the standards of practice for telehealth services.

OAL approves this regulatory action pursuant to section 11349.3 of the Government Code. This regulatory action becomes effective on 8/10/2021.

Date: August 10, 2021

Amy R. Gowan Attorney

For: Kenneth J. Pogue Director

Original: Antonette Sorrick, Executive Officer Copy: Jason Glasspiegel

TATE OF CALIFORNIA-OFFICE OF ADMINISTRATIVE LAW PLANS UPWESDE A Prevense) NOTICE PUBLICATION/REGET TONS UPWESDE A Prevense) STD. 400 (REV. 01-2013) OAL FILE NUMBERS 7- 2020-0804-04 REGULATORY ATION NUMBER 2021-0601-055				
NUMBERS Z. 2020-0804-04	t 20%	21-0601	-055	
For use by Office of Administrative Law ( OFFICE OF ADMINISTRATIVE LAW				INDORSED - FILED in the office of the Secretary of State of the State of California
Electronic Submission RECEIVED DATE PUBLICATION DATE		2021		AUG 1 0 2021
		OFFICE OF ADMINISTRATIVE LAW		W 2:17 PM
08/4/2020	08/14/2020			
NOTICE			REGULATIONS	
AGENCY WITH RULEMAKING AUTHORITY Psychology Board				AGENCY FILE NUMBER (If any)
A. PUBLICATION OF NOTIC	E (Complete for pu	ublication in Notice	Register)	
1. SUBJECT OF NOTICE Standards of Practice for Tele		TITLE(S) 16	FIRST SECTION AFFECT 1396.8	August 14, 2020
3. NOTICE TYPE Notice re Proposed		CONTACT PERSON	TELEPHONE NUMBER 916-574-7137	FAX NUMBER (Optional) 916-574-8672
OAL USE ACTION ON PROPOSED	•	Disapproved/	NOTICE REGISTER NUM	IBER PUBLICATION DATE
ONLY Submitted	Modified	Withdrawn		
B. SUBMISSION OF REGULA	ATIONS (Complete v	when submitting re		
1a. SUBJECT OF REGULATION(S) Standards of Practice for Tele	haalth		1b. ALL PREVIOU	JS RELATED OAL REGULATORY ACTION NUMBER(S)
2. SPECIFY CALIFORNIA CODE OF REGULATIONS				
SECTION(S) AFFECTED	ADOPT	Ig lite 20, II toxics remierar		
(List all section number(s)	1396.8 AMEND			
individually. Attach additional sheet if needed.)				
TITLE(S) 16	REPEAL			
3. TYPE OF FILING			·	
Regular Rulemaking (Gov. Code §11346)	Certificate of Compliance: The agency officer named below certifies that this agency complied with the Code, §11346.1(h))			(Gov. Changes Without Regulatory Effect (Cal. Code Regs., title
Resubmittal of disapproved or withdrawn nonemergency filing (Gov. Code \$§11349.3,	provisions of Gov. Code §§11346.2-11347.3 either before the emergency regulation was adopted or within the time period required by statute.			1, §100) Print Only
11349.4) Emergency (Gov. Code, §11346.1(b))	Resubmittal of disapproved or withdrawn emergency filing (Gov. Code, §11346.1) Other (Specify)			
4. ALL BEGINNING AND ENDING DATES OF AVAIL December 7, 2020 - December	ABILITY OF MODIFIED REGULATION	NS AND/OR MATERIAL ADDED TO	THE RULEMAKING FILE (Cal. Code R	egs. title 1, §44 and Gov. Code §11347.1)
5. EFFECTIVE DATE OF CHANGES (Gov. Code, §§ 1 Effective January 1, April 1, July 1, or October 1 (Gov. Code §11343.4(a))	11343.4, 11346.1(d); Cal. Code Regs.	g with §100 Changes \		······································
6. CHECK IF THESE REGULATIONS REQUI	L Georetary of State	CONSULTATION, APPROVAL O	OR CONCURRENCE BY, ANOTH	IER AGENCY OR ENTITY
Department of Finance (Form STD. 3		LI	Practices Commission	State Fire Marshal
X Outer (Specify)	Kirchmeyer, Director,	r, Department of Cons		,
7. CONTACT PERSON Jason Glasspiegel		TELEPHONE NUMBER (916) 574-7137	FAX NUMBER (Op	ptional) E-MAIL ADDRESS (Optional) jason.glasspiegel@dca.ca.gov
			Г	For use by Office of Administrative Law (OAL) only
	I COPY OF THE REGULATION		1	ENDORSED APPROVED
8. I certify that the attached of the regulation(s) ident is true and correct, and t	hat I am the head of t	the agency taking this		
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## Title 16. Board of Psychology

## Order of Adoption

Proposed new language is underlined.

Add Section 1396.8 of Article 8 of Division 13.1 of Title 16 of the California Code of Regulations to read:

§1396.8. Standards of Practice for Telehealth Services

- (a) A licensee is permitted to provide psychological health care services via telehealth subject to the laws and regulations of the other jurisdiction where either the licensee and/or the client is located, including, but not limited to, the following circumstances:
  - (1) To a client at an originating site in this State, as defined in section 2290.5 of the Code, when a licensee is located at a distant site within this State.
  - (2) To a client who has received services in this State, and who is temporarily located outside of this State.
  - (3)To a client who is located in this State when a licensee is temporarily located outside of this State.
- (b) As used in this section, a licensee shall include a licensee, registrant, psychology trainee, or other supervised individual permitted to provide psychological services under the Psychology Licensing Law, beginning with section 2900 of the Code.
- (c) <u>The provision of psychological health care services under subdivision (a) are subject</u> to the following conditions:
  - (1) The licensee holds a valid and current license issued by the Board or is otherwise allowed to practice under this section.
  - (2) The licensee obtains and documents informed consent for the provision of psychological health care services via telehealth from the client. Such consent shall cover concerns unique to the receipt of psychological health care services via telehealth, including risks to confidentiality and security, data storage policies and procedures specific to telehealth, the possibility of disruption and/or interruption of service due to technological failure, insurance coverage considerations, and other issues that the licensee can reasonably anticipate regarding the non-comparability between psychological health care services delivered in person and those delivered via telehealth.

- (3) The licensee determines that delivery of psychological health care services via telehealth is appropriate after considering at least the following factors:
  - (A) The client's diagnosis, symptoms, and medical/psychological history;
  - (B) The client's preference for receiving psychological health care services via telehealth;
  - (C) The nature of the psychological health care services to be provided, including anticipated benefits, risks, and constraints resulting from their delivery via telehealth;
  - (D) The benefits, risks, or constraints posed by the client's physical location. These include the availability of appropriate physical space for the receipt of psychological health care services via telehealth, accessibility of local emergency psychological health care services, and other considerations related to the client's diagnosis, symptoms, or condition.
  - (E) The provision of telehealth services is within the scope of competency of a psychology trainee, or other supervised individuals as specified in (b) above, who provides psychological health care services under the supervision of the licensee.
- (4) The licensee is competent to deliver such services based upon whether the licensee possesses the appropriate knowledge, skills, and abilities relating to delivery of psychological health care services via telehealth, the information technology chosen for the delivery of telehealth services, and how such services might differ from those delivered in person.
- (5) The licensee takes reasonable steps to ensure that electronic data is transmitted securely, and informs the client immediately of any known data breach or unauthorized dissemination of data.
- (6) The licensee complies with all other provisions of the Psychology Licensing Law and its attendant regulations, and all other applicable provisions of law and standards of care in this State and the other jurisdiction, if any, where either the licensee or the client is located.

Authority: Section 2930, Business and Professions Code

Reference: Sections 686, 2290.5, 2904.5, 2960, and 2960.6, Business and Professions Code