



California Board of  
**PSYCHOLOGY**

Continuing Professional Development  
(CPD)

Liezel McCockran, CPD/Renewals Coordinator

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## Introductions

- Liezel (Lee-zelle) McCockran – CPD/Renewals Coordinator
- Antonette Sorrick – Executive Officer
- Jonathan Burke – Assistant Executive Officer
- Brittany Ng – Legal Counsel
- Heather Hoganson – Regulatory Counsel
- Dr. Mary Harb Sheets – Board Member

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## CPD Credit

Attending this CPD Training provides you with CPD credit:

- 3 hours in Laws and Ethics
- Self-Directed Learning

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## CPD History

- In 2012, the Association of State and Provincial Psychology Boards presented the Continuing Professional Development Model
- In 2012, the Legislature asked the Board to discuss with the business and professions committees of efforts to date to address continuing competency and what it expects to accomplish in the near future regarding this issue
- The Board first introduced CPD language in 2015 and it was approved in 2017
- In 2017, the CPD regulatory package was submitted to the Department of Consumer Affairs

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## CPD Requirements

- Licensees that expire between January 1, 2023 and December 31, 2023 can be renewed by completing either traditional Continuing Education or Continuing Professional Development (CPD).
- With the exception of 100% ABPP Board Certification, a licensee shall accrue hours during each renewal period from at least two of the four CPD activity categories.

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## Required Training For Each Renewal

- 4 hours of training in Laws and Ethics
- 4 hours of training in Cultural Diversity and/or Social Justice
  - **Cultural Diversity** pertains to differences in age, race, culture, ethnicity, nationality, immigration status, gender identity, sexual orientation, socioeconomic status, religion/spirituality, and physical ability.
  - **Social Justice** pertains to the historical, social, and political inequities in the treatment of people from non-dominant groups, while addressing the various injustices and different types of oppression that contribute to individual, family and community psychological concerns
- The 8 hours are considered part of the 36-hour CPD requirement

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## CPD Categories

- CPD Category #1 – Professional Activity
- CPD Category #2 – Academic
- CPD Category #3 – Sponsored Continuing Education
- CPD Category #4 – Board Certification

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## CPD Learning Category #1 Professional Activity

- Peer Consultation
- Practice Outcome Monitoring (POM)
- Professional Services
- Conference/Convention Attendance
- Examination Functions
- Expert Review/Consultation
- Attendance at a California Board of Psychology Meeting

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## CPD Learning Category #1 – Professional Activity Peer Consultation

- Engaging in structured and organized interaction, in person or electronically mediated, with professional colleagues designed to broaden professional knowledge and expertise, reduce professional isolation, and directly inform the work of the psychologist. CPD may only be obtained through individual or group case consultation, reading groups, or research groups. These activities must be focused on maintaining, developing, or increasing conceptual and applied competencies that are relevant to psychological practice, education, or science.
- Record includes date(s), type of activity, and total number of hours

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## Maximum # of Hours Peer Consultation

- 1 hour minimum, if used
- 18 hours maximum
- Hours Credited by Activity
  - 1 hour of activity = 1 hour credited

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CPD Learning Category #1 – Professional Activity  
**Practice Outcome Monitoring  
(POM)**

- The application of outcome assessment protocols with clients/patients, in order to monitor one's own practice process and outcomes, with the goal of assessing effectiveness. All outcome measures must be sensitive to cultural and diversity issues.
- Record includes date(s) of monitoring, client identifier, and how outcomes were measured

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**Maximum # of Hours  
Practice Outcome Monitoring**

- 9 hours maximum
- Hours Credited by Activity
  - 1 patient/client of practice outcome monitoring = 1 hour credited

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## CPD Learning Category #1 – Professional Activity Professional Services

- Ongoing participation in services related to the field of psychology, or other related disciplines, separate and apart from a fee-for-service arrangement, including the following: serving on psychological association boards or committees, editorial boards of peer reviewed journals related to psychology or other related disciplines, scientific grant review teams, and boards of regulatory bodies; program development; and evaluation activities.
- Record includes board or program name, role of licensee, dates of service, and term of service (six months or one year)

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## Maximum # of Hours Professional Services

- 4.5 hours minimum, if used
- 12 hours maximum
- Hours Credited by Activity
  - 1 year = 9 hours hour credited
  - 6 months = 4.5 hours credited

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## CPD Learning Category #1 – Professional Activity Conference/Convention Attendance

- Attendance at professional gatherings, either in person or via electronic means, that consists of multiple concurrent or sequential free-standing presentations related to the practice of psychology. CPD credit is in addition to completing sponsored CE coursework or sessions at the same conference/convention.
- Record includes name of conference/convention attended, proof of registration, and date(s) of conference/convention attended

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## Maximum # of Hours Conference/Convention Attendance

- 6 hours maximum
- Hours Credited by Activity
  - 1 full conference day = 1 hour credited

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## CPD Learning Category #1 – Professional Activity Examination Functions

- Serving in any function related to examination development for the Board or for the development of the EPPP.
- Record includes name of exam, dates of service, and number of hours

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## Maximum # of Hours Examination Functions

- 12 hours maximum
- Hours Credited by Activity
  - 1 hour of service = 1 hour credited

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## CPD Learning Category #1 – Professional Activity Expert Review/Consultation

- Serving in any expert capacity for the Board
- Record includes dates of service, and number of hours

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## Maximum # of Hours Expert Review/Consultation

- 12 hours maximum
- Hours Credited by Activity
  - 1 hour of service in expert capacity = 1 hour credited

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## CPD Learning Category #1 – Professional Activity Attendance at a California Board of Psychology Meeting

- Attendance, either in person or via electronic means, at a full Board or Committee meeting
- Record includes date of meeting, name of meeting, and number of hours attended. For in person meetings, licensees must have signed in and out on an attendance sheet providing their first and last name, license number, time of arrival and time of departure from the meeting. For meetings held on WebEx, signing into the meeting is considered the sign in sheet.

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## CPD Learning Category #1 – Professional Activity Attendance at a California Board of Psychology Meeting

- Enter your name and license number

Enter your information

Name  
Liesel McCookran PSY0123

Email address  
BOPCE@dca.ca.gov

Next

Already have an account? [Sign in](#)

More ways to sign in

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## Maximum # of Hours Attendance at a California Board of Psychology Meeting

- 8 hours maximum
- Hours Credited by Activity
  - 1 day of Board or Committee meeting = 6 hours credited
  - For Board or Committee meetings that are 3 hours or less, 1 hour of attendance = 1 hour credited

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## CPD Learning Activity #2 Academic

- Academic Coursework
- Academic/Sponsor-Approved Continuing (CE) Instruction
- Supervision
- Publications
- Self-Directed Learning

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## CPD Learning Activity #2 - Academic Academic Coursework

- Means completing and earning academic credit for a graduate-level course related to psychology from an institution whose degree meets the requirements of section 2914 of the Code.
- Record includes transcript with evidence of a passing grade (C or higher or “pass”)

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## Maximum # of Hours Academic Coursework

- 18 hours maximum
  - Each course counts only once for each renewal period
- Hours Credited by Activity
  - 1 semester unit course = 6 hours credited
  - 1 quarter unit course = 4.5 hours credited

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## CPD Learning Activity #2 - Academic Academic/Sponsor-Approved Continuing (CE) Instruction

- Academic Instruction means teaching a graduate-level course that is part of a degree program which degree meets the requirements of section 2914(b) of the Code. (B)
- Sponsor-Approved CE Instruction means teaching a sponsored CE course that relates to the practice of psychology as defined in section 1397.60.1(c)
- Record includes course syllabus, title of course, name of institution, and dates of instruction

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## Maximum # of Hours Academic/Sponsor-Approved Continuing (CE) Instruction

- 18 hours maximum
- Hours Credited by Activity
  - 1 quarter or semester academic course = 18 hours credited

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## CPD Learning Activity #2 - Academic Supervision

- Overseeing the professional experience of a trainee who is accruing hours toward licensure as a psychologist, marriage and family therapist, licensed clinical social worker, licensed professional clinical counselor, licensed educational psychologist, or physician and surgeon.
- Record includes dates of supervision and a trainee identifier

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## Maximum # of Hours Supervision

- 18 hours maximum
- Hours Credited by Activity
  - 1 hour of supervision = 1 hour credited

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## CPD Learning Activity #2 - Academic Publications

- Authoring or co-authoring peer-reviewed journal articles, book chapters, or books, or editing or co-editing a book, related to psychology or a related discipline.
- Record includes either a letter of acceptance for publication, or proof of publication with publication date in the renewal period for which it is being submitted

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## Maximum # of Hours Publications

- 9 hours maximum
- Hours Credited by Activity
  - 1 publication = 9 hours credited

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## CPD Learning Activity #2 - Academic Self-Directed Learning

- Independent educational activities focused on maintaining, developing, or increasing conceptual and applied competencies that are relevant to psychological practice, education, or science, such as reading peer-review journal articles or books, watching videos or webcasts, or listening to podcasts.
- Record includes date(s), medium (e.g. webinar), topic or title, and total number of hours

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## Maximum # of Hours Self-Directed Learning

- 6 hours maximum
- Hours Credited by Activity
  - 1 hour of activity = 1 hour credited

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## CPD Learning Activity #3 Sponsored Continuing Education

- Includes any approved structured, sequenced learning activity, whether conducted in-person or online. Approved entities include:
  - American Psychological Association (APA)
  - California Psychological Association (CPA)
  - Association of Black Psychologists (ABPsi)
  - California Medical Association (CMA)
  - Accreditation Council for Continuing Medical Evaluation (ACCME)
- Record includes proof of attendance provided by the sponsor of the continuing education

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## Maximum # of Hours Sponsored Continuing Education

- 27 hours maximum
- Hours Credited by Activity
  - 1 hour of activity = 1 hour credited

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## CPD Learning Activity #4 Board Certification

- The initial earning of a specialty certification in an area of psychology from the American Board of Professional Psychology (ABPP).
- ABPP Board Certification counts for 100% (36 hours) of required CPD in the renewal cycle in which the certification is awarded.
- "Senior Option" ABPP Board Certification counts for 50% (18 hours) of required CPD in the renewal cycle in which the certification is awarded.
- Record includes proof of specialty certification

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**CONTINUING PROFESSIONAL DEVELOPMENT REPORTING FORM**

36 hours of Continuing Professional Development (CPD) are required for each 2-year renewal cycle. With the exception of 100% ABPP Board Certification, a licensee shall accrue hours during each renewal period from at least two (2) of the four (4) CPD activity categories: Professional Activities; Academic; Sponsored Continuing Education; and Board Certification.

Unless otherwise noted with an asterisk (\*), this courtesy form cannot be submitted to the Board in lieu of the required CPD documentation. If selected for an audit, please submit required CPD documentation along with the CPD Reporting Form.

No extensions will be granted to comply with the CPD requirements.

NAME: \_\_\_\_\_ LICENSE NUMBER: \_\_\_\_\_

RENEWAL PERIOD: \_\_\_\_\_

- CPD Reporting Form

CPD Learning Activity #1 – Professional Activities					
CPD Category	Description of Activities Completed	Date(s) Completed	# of Hours Accrued	Laws and Ethics (4 hours)	Cultural Diversity/Social Justice (4 hours)
*Peer Consultation (18 hours max)	<small>Description includes date(s), type of activity, and total number of hours</small>			<input type="checkbox"/>	<input type="checkbox"/>
*Practice Outcome Monitoring (9 hours max)	<small>Description includes date(s), client identifier, how outcomes were measured, and total number of hours</small>			<input type="checkbox"/>	<input type="checkbox"/>

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## Noteworthy

- Licensees must retain their CE records for a minimum of four (4) years; the Board conducts random audits and, if selected, will contact the licensee for proof of completion.

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## CPD Audits

- 2.5% of the renewing population every month is randomly selected for an audit
- Notified with an email and a letter
  - Requested to submit copies of their CE certificates
- Given 60 days to respond

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## Audit Outcomes

- Three outcomes:
  - In compliance
  - Educational Letter
  - Citation and Fine

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## What is a Citation and Fine?

- An alternative method by which the Board can impose a sanction and take an enforcement action against a licensed or unlicensed individual who is found to be in violation of the Psychology Licensing Law.
- Two parts: an order of abatement and a fine

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## Can I contest the citation?

- Contest the Citation:
  - Informal Conference
    - Telephonically
    - Citation and Fine can be modified, withdrawn, or affirmed
  - Formal Hearing
    - It can take up to one year to hold a formal hearing

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## Does a citation affect my ability to practice?

- A citation stays on your license for 5 years
- The citation fine must be paid in order to renew
- A citation does not affect the licensee's ability to practice

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## Contact the Board

- [BOPCE@dca.ca.gov](mailto:BOPCE@dca.ca.gov)

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